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The Rosicrucian Order

MASTER MONOGRAPH

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THE CONCURRENCE

This Week's Consideration of a Famous Opinion



¶ The tendency to matter-of-factly accept modern civilization as exemplifying the highest achievements of scientific knowledge and progress is more or less common to the majority. The student of mysticism, however, cannot long maintain such complacency. In connection with this monograph's statements regarding the ancient mystics' knowledge of



Cosmic influences upon our physical, mental, and spiritual lives, the following excerpt from the writings of Plotinus should interest us.

. . . The symphony, however, of souls with the order of the universe, which nevertheless are not suspended from the universe, but co-adapt themselves in their descent, and make one concord with mundane circulation, is testified by this, that their fortunes, lives, and deliberate elections are signified by the figures of the stars. That the universe, likewise, utters as it were one voice harmonically and aptly, is asserted by the ancients more than any thing else, though obscurely. . . .

—PLOTINUS, 205?-270

To the Members of the Esoteric Hierarchy, Greetings!

I hope that each of you has discovered by this time precisely what days of the week and what days of the month are better for you for your Cosmic contacts. I hope, too, that you are keeping careful watch of the periods of the moon so that you may have the utmost efficiency in this regard. If you have not kept strictly to the moon and sun schedules, go back to those monographs dealing with the matter and re-view them. You should remember that you are now at a place in your progress through the esoteric principles where even little things seemingly insignificant are very important.

Again I want to bring to your attention the fact that in the last few months of 1934 and during the early part of 1935, many eminent scientists studying the effects of Cosmic rays, discovered that certain influences coming to earth from the Cosmic have a very important effect upon human behavior. The trend of their statements was that Cosmic influences "affected human behavior." As they explained their discovery, it became evident that they had discovered the effects of the Cosmic upon the emotional centers of the human body. In other words, they had discovered the effects upon the psychic centers. They called the psychic centers the emotional centers of our consciousness. These effects have been known to the mystics for many ages, and few people realize how greatly we are affected by these Cosmic rays, Cosmic vibrations, and changes of the sun and the moon.

You should take advantage of these conditions by following the suggestions and principles given in the monographs during the past few months. I am sure that you are anxious to make such Cosmic contacts as will bring you some illumination, some revelations, and some assurances of the progress you have made, and of your actual development in attunement. Of course, we all know that the very best contacts and demonstrations of Cosmic attunement come when there is a real need for them, or a real cause. One evening recently, while sitting in a relaxed condition looking at a rainstorm, a member of this class was suddenly impressed with the sensation that she was up above her home, or above the city, as though in a balloon or an airplane or something that enabled her to feel somewhat separated from the city. She did not have the sensation of looking down and seeing the city as you would from an airplane, but she had the sense that her consciousness had been drawn upward in some way and that part of herself was on a higher plane of consciousness while another part of it remained within her body.

Then as though someone had stepped in the room and spoken, she heard a voice saying, "Your mother has slipped on the sidewalk, and has been taken in by friendly persons who are sending for a doctor." Thus startled, she realized for the first time that the rainstorm might have prevented her mother, who had been out for a brief visit, from getting home safely. She telephoned



the family physician who said that he had heard nothing about the mother. She then telephoned the place where her mother had been. Her mother had left. Immediately she sat down again and concentrated upon her mother. At once she felt the dual consciousness again and from the higher plane above her she seemed to see a house of a certain shape and form, and recognized a gateway and arbor at the side of the house which she had often noticed. This distinctive feature enabled her to locate the house immediately in her mind. With her husband, she drove to this house, and found her mother upset and faint from her fall. She had hit her head against an iron grating around the trunk of a tree and was too ill to give the name and telephone number of her own doctor. However, a physician had been summoned, and in a short time she recovered and was able to go home.

In this kind of emergency, we have the very best demonstration of Cosmic attunement. If this soror's mother had been safe and happy in the home where she was visiting, and the daughter had tried to contact her merely for the sake of testing her development, she might not have had any success at all, or at least not the definite impression that she had in this emergency.

Our records are filled with instances where members have suddenly had attunement in connection with an accident to children, or husband, or friends. Or—as in one other case—an impression of fire in the basement of the house. Investigation showed that a fire had started. The smoke was going up the regular chimney because of the draft and there would not have been any evidence of it until the fire had become too great to save the place. Because of the Cosmic impression, the family was able to extinguish the fire before much damage occurred.

Every mystic learns sooner or later that purely experimental tests of the laws are not a dependable guide. The first time that one of these laws is tried with enthusiasm and interest because it contains a revelation that is surprising or interesting, there may be some fair success, but repeated tests, merely to see if the law works, are very unsatisfactory.

The very best tests of Cosmic attunement are those which are revealed not only in emergency or important matters but in connection with our health and a more cheerful emotional effect upon the entire system. One of our fratres reports, for instance, that he had suffered for years with a small tumor at the side of his neck, and it annoyed him at times with little shooting pains and a feverish condition. Since he has been developing along with the lessons beyond the Ninth Degree, he has noticed that the pains in the tumorous growth have lessened. Now the fever has gone, the tumor has become softer, and he really believes that it is going to pass away.



It would not be the first time that such a growth has been dissolved and cleared out of the system, purely through the tonic and regenerative effect of the exercises and applied principles of these higher Degrees. You cannot continue to keep tuning and toning the system, putting it in harmony with the Cosmic without there being very definite effects upon the glands in the system. These glands control many more things than the mere emotional and psychic functioning of our inner selves. They control physical pathological conditions in the body and if awakened and harmonized to function with some near degree of correctness, various other changes are bound to take place in the body. The results are just automatic.

Some time ago I explained to you certain practices to use in connection with the thyroid gland, and letters from persons benefited by this exercise clearly prove that toning the thyroid and awakening it produce certain beneficial results. Of course, everyone did not have such results because not all were suffering or affected by abnormal conditions of the thyroid. In many, if not most, cases, the thyroid gland was functioning more or less correctly. But there are five or six other glands in various parts of the body that are affected by the exercises used in connection with Cosmic attunement. You do not have to think of the individual gland and center your consciousness on it alone in order to have it benefited or affected by your exercises. The moment you sit down and start to extend your consciousness outside of your narrow circle of human affairs, you begin to attune yourself with the great heavenly Cosmic spaces. When you do this, you bathe yourself with an electric, magnetic, Cosmic power that affects every cell in the body and has an especial effect upon any part not perfectly normal.

Some years ago science discovered that high-frequency treatments of an electrical nature benefited certain parts of the body slightly. At once all sorts of scientific apparatus were invented or created to apply these high-frequency vibrations. One of the outstanding ones was a high-frequency bath devised by a physician in New Jersey. This was a cot upon which a person could lie unclothed. Around it was an aluminum or metal cylinder closed at both ends, with certain electrical currents flowing through it. High-frequency vibrations or other electrical magnetic waves were caused to penetrate all parts of the body for ten or fifteen minutes at a time. The results were mildly good; but if high-frequency electrical currents of an earthly nature can tone the human body even a little, then the Cosmic vibrations can certainly do a great deal more. We are constantly affected by earthly and atmospheric magnetism. Our whole human system is so constructed that part of its vitality and most of its functioning is dependent upon being harmonized with universal forces. The moment we begin to attune ourselves with these higher forces, we place ourselves in a tonic relationship with every constructive, creative, and regenerative power in the universe. At the



same time we attune with the mind and consciousness of God, and the Cosmic, or Cosmic Mind.

It is my desire to see that every member in this class derives the greatest possible benefit from his uplifted and attuned consciousness. Clearer thinking results, and a clearer understanding of problems as they arise. Such attunement prevents little matters from causing any worry. It prevents disease germs or crosscurrents of magnetism from producing nervousness or a poisoning effect upon the blood stream. It keeps inharmonious vibrations from affecting any of the emotional or psychic centers.

If you could see the complete human aura as some mystics can, and could notice how that aura is affected by the thinking of the person; how it grows and expands when the person begins to concentrate or lift his mind to higher and more spiritual things, you would realize what is being done through your meditation periods. All I can do is to urge you to keep on with your exercises in this regard and to keep one or two periods each day for your mental and spiritual development. It means more than merely having a peaceful relaxation period; it means real regeneration of many of the organs and parts of the body and of the blood stream and nervous system. It means a protection against many forms of illness and breakdown in the human system. At the same time it attracts toward you and puts you in attunement with impressions and revelations that may be of great help to you in many important matters.

Business men and women when confronted with important problems are inclined to lean their heads upon their hands, lean their elbows on their desks, and worry and fret over the problem they are trying to solve. If instead of leaning our heads upon our hands and trying to worry out the problem with our purely objective brain that simply goes around and around in a circle and gets nowhere in its thinking, we would relax and forget the problem itself, and just attune ourselves with the Cosmic, in a short time an idea, a thought, or a suggestion would come like a revelation. As long as we tie ourselves fast to the problem and try to analyze it with the brain, we are taking something that bothers us and looking at it through a magnifying glass or a microscope and making it greater and more threatening than it really is. If we push it away from us and leave it alone and relax in our room or out-of-doors where we can separate ourselves from the problem and let our inner selves rise up to Cosmic attunement, we will find an answer and a solution.

This week I urge you to go over your exercises. Be sure that with the music, or your musical note that you hum, and at the right hour of the moon and the sun periods, you attune yourself at least once a day with the Cosmic and thus keep yourself constantly united with these higher forces and the higher con-



sciousness. It will bring the greatest joy and happiness into your life that you have ever experienced. You never know what day and hour you will need this Cosmic attunement to save you from a catastrophe or to enable you to help someone else in the most serious predicament.

In my next talk I will speak of a few other esoteric principles such as the use of certain vowel sounds in connection with toning the various parts of the body during relaxation and meditation.

May Peace Profound abide with each of you.

Fraternally,

YOUR CLASS MASTER

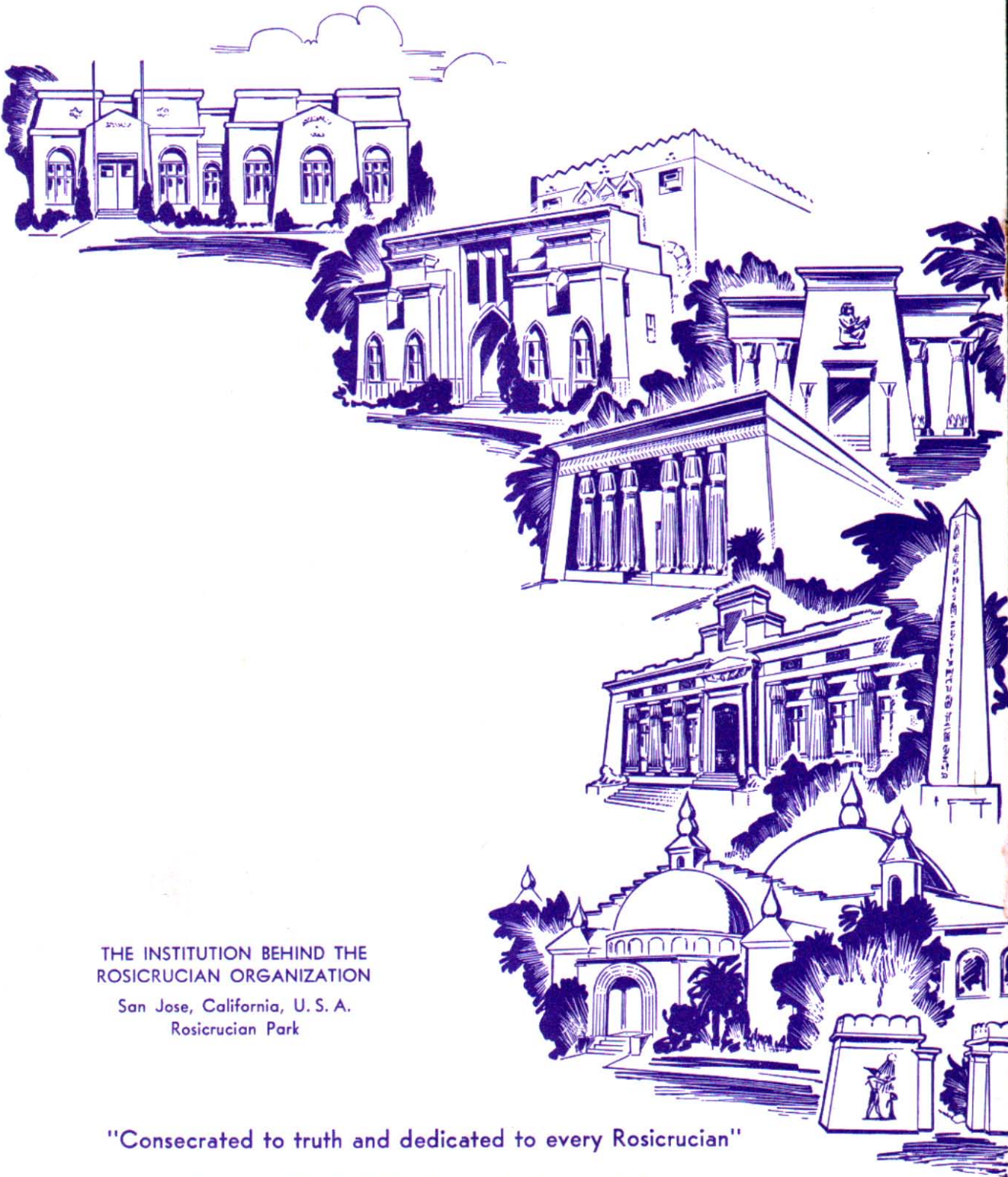


Summary of This Monograph



Below is a summary of the important principles of this monograph. It contains the essential statements which you should not forget. After you have carefully read the complete monograph, try to recall as many as you can of the important points you read. Then read this summary and see if you have forgotten any. Also refer to this summary during the ensuing week to refresh your memory.

- ¶ The effects of Cosmic rays upon certain centers of the human body have long been known to mystics, although scientists are only now beginning to recognize these influences as affecting human behavior.
- ¶ The suggestions and principles given in the preceding monographs for taking advantage of these Cosmic influences should be carefully utilized.
- ¶ One's development in attunement can best be demonstrated at times of real need. Purely experimental tests of the laws are not a dependable guide.
- ¶ Beneficial physical and emotional changes also become apparent as the result of frequent attunement. Such attunement bathes the body with an electric, magnetic, Cosmic power, affecting every cell in the body and particularly revitalizing and assisting any part not perfectly normal.
- ¶ Science has discovered the benefits to the body of high-frequency electrical treatments. The benefits of Cosmic attunement are infinitely superior, however, since it places us in a tonic relationship with every constructive, creative and regenerative power in the universe.
- ¶ A solution to every problem would be given us if we could separate ourselves from the problem and let our inner selves rise up to Cosmic attunement.



THE INSTITUTION BEHIND THE
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